

RESEARCH ARTICLE

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An ERP-study of brand and no-name products

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Abstract

Background: Brands create product personalities that are thought to affect consumer decisions. Here we assessed, using the Go/No-go Association Task (GNAT) from social psychology, whether brands as opposed to no-name products are associated with implicit positive attitudes. Healthy young German participants viewed series of photos of cosmetics and food items (half of them brands) intermixed with positive and negative words. In any given run, one category of goods (e.g., cosmetics) and one kind of words (e.g., positive) had to be responded to, whereas responses had to be withheld for the other categories. Event-related brain potentials were recorded during the task.

Results: Unexpectedly, there were no response-time differences between congruent (brand and positive words) and incongruent (brand and negative words) pairings but ERPs showed differences as a function of congruency in the 600–750 ms time-window hinting at the existence of implicit attitudes towards brand and no-name stimuli. This finding deserves further investigation in future studies. Moreover, the amplitude of the late positive component (LPC) was found to be enhanced for brand as opposed to no-name stimuli.

Conclusions: Congruency effects suggest that ERPs are sensitive to implicit attitudes. Moreover, the results for the LPC imply that pictures of brand products are more arousing than those of no-name products, which may ultimately contribute to consumer decisions.

Keywords: Go/Nogo, Event-related potentials, Brands, Neuromarketing, Implicit associations, Late positive component, Lateralized readiness potential

Background

A brand is the personality that identifies a product. Brands like Coca Cola, Ford, or Chanel are deeply embedded in our lives, and companies struggle hard to develop their brands and to provide a unique selling proposition [1]. In most markets, there are competitors selling no-name products which try to gain a share of the business. A central question in marketing research is therefore to what extent positive attitudes towards brands contribute to consumer decisions. Interview statements and verbal self-reports may provide some information [2] but they are notoriously insensitive with regard to the consumer's decision [3-5]. Moreover, they are insensitive to implicit associations that are linked to unconscious automatic attitudes [6,7]. Brands are thought to implicitly engage specific positive associations (e.g., quality, value, youth, strength, speed, etc.) which are not triggered by no-name

products. Such implicit associations may be critical for the consumer's decision to buy [8-11].

Neuroimaging studies have demonstrated activations of reward related structures such as the striatum and the dorsolateral prefrontal cortex in response to stimuli representing brand products [12-16]. Thus, brands seem to have an implicitly rewarding property. Moreover, Schaefer [16] pointed out that brands, in particular luxury brands, may also be used to mark the social status of the owner and indeed logos of luxury brands were associated with brain activity in the anterior medial prefrontal cortex, a region known to be associated with self-centered cognitions [17].

Another way to assess the presence of implicit attitudes has been proposed by Nosek and Banaji [18] who devised the Go/No-go Association Task (GNAT). This test, disguised as a choice reaction time task, can be used to measure associations between categories (e.g., faces of elderly or young people - assuming that elderly faces are associated with negative attitudes) and either pole of an evaluative dimension (e.g., positive or negative words). Words and category stimuli appear in different trials and

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randomly intermixed. In any given block of the experiment, participants are required to make a Go-response (button press) to one of the categories under study (e.g., faces of young people) and to one kind of words (e.g., positive words) while withholding responses (Nogo) to the other stimulus types (here: elderly faces, negative words). Category and word stimuli are combined differently for consecutive blocks of the experiment. Go-responses to incongruent pairings (e.g., press for elderly people or positive words) typically result in slower response-times (RTs) as compared to congruent pairings (e.g. elderly people and negative words) showing that the average participant in such an experiment harbors implicit negative attitudes towards the elderly. Differences in response times (RTs) can thus be taken as an index of the strength of an individual's automatic association, with a bigger difference indicating a stronger implicit attitude. The GNAT and the closely related dual-response Implicit Association Test (IAT) [19] have successfully been used to investigate implicit attitudes towards race, gender and body-weight [18,20] as well as consumer goods [21-24]. With the specific aim to investigate whether implicit or explicit attitudes towards brand and no-name products influence the actual choice of consumers, Friese et al. [10] tested explicit preferences on a 7-point Likert scale and implicit preferences using the IAT. Participants were then given the choice between brand and no-name products. Participants whose explicit and implicit preferences regarding no-name and brand were incongruent more often chose the implicitly preferred brand over the explicitly preferred one when choices were made under time pressure. When no time-pressure was present, the opposite pattern emerged. Thus, implicit attitudes towards consumer products might influence consumer decisions under certain circumstances. A similar finding was recently reported by Beattie and Sale [25] who investigated consumer behavior with regard to high and low carbon dioxide products. While explicit measures did not differentiate the choice of high/low carbon products, the implicit measure did. Again, time pressure was a significant factor. Because of such findings, the importance of implicit measures in consumer research has been stressed recently [9,11].

In previous work [26,27] we have adapted the GNAT paradigm to be used with event-related potentials (ERPs) taking advantage of the fact that studies in various cognitive domains have uncovered robust ERP findings that can be used as chronometric indices for the decision processes leading to the Go or Nogo response. The GNAT lends itself to electrophysiological studies much better than the IAT as it has the advantage to yield two components that can be used to describe the relative timing of information access, the N200 and the lateralized readiness potential (LRP). This lateralized part of the readiness potential has been used as an index for specific response preparation

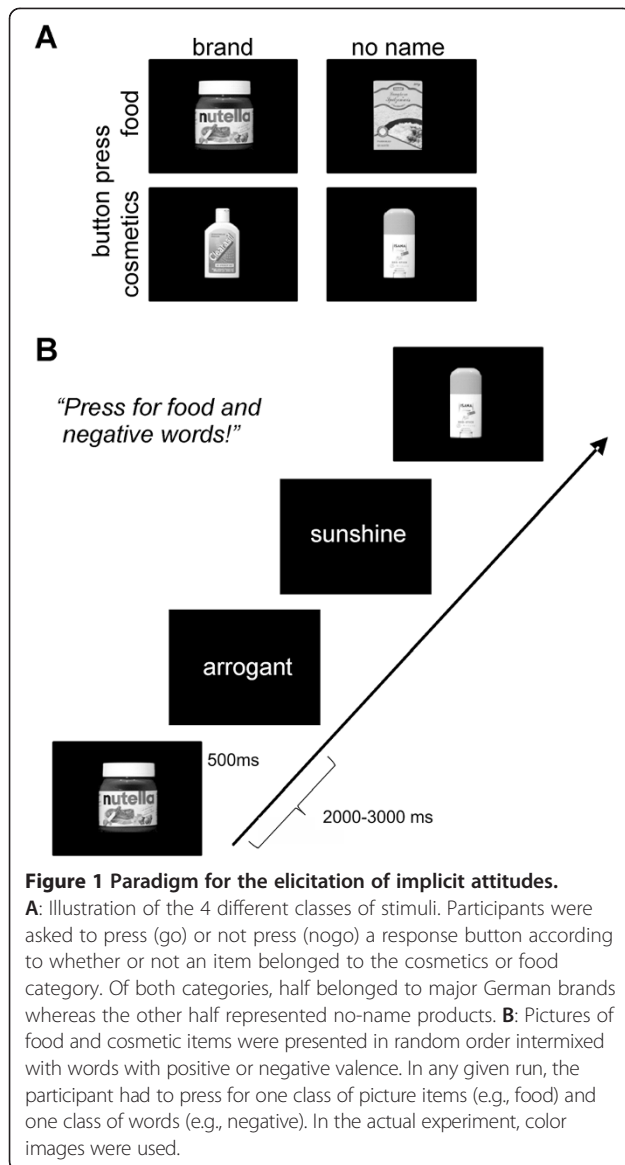
[28] and can be isolated by a double subtraction technique [29-31]. Importantly, the resulting LRP can be obtained for trials requiring a "go"-response, as well as for trials requiring a "nogo" response. In the latter, temporary development of a negative LRP may indicate that some information was present favoring a go-response. Thus, this method allows to derive critical information about the absolute and relative timing of information access even in the absence of overt responses [32-36].

A number of electrophysiological studies have directly compared Nogo and Go-trials and have shown that the stimulus-locked ERP in Nogo-trials is characterized by a large negativity of about 1–4 μV in size occurring with task dependent onset latencies over the fronto-central scalp [37-40]. This frontal "N200" has been linked to inhibitory processes [41-44].

In the present investigation, we combined the GNAT-paradigm with the recording of event-related potentials, thus putting us in the position to assess both, behavioural and neural correlates of implicit associations towards brands (see Figure 1 for an illustration of the experimental set-up). As in similar studies from our lab addressing other topics [26,27,45,46], instructions paired products (brands as compared to no-name-products) from one of two taxonomic categories (cosmetics or food) with either pole of an evaluative dimension (positive or negative words), for example: press for cosmetics or positive words, do not press for food items or negative words. We assumed that brands give rise to implicit positive associations, whereas no-name-products were thought to be linked to implicit negative associations. Participants focused on the decision for words (positive vs. negative) and product categories (food vs. cosmetics) and were naïve to the fact that the experiment addressed the differential processing of brands and no-name-products. Each run required a Go response to one of the taxonomic categories and one evaluative dimension.

We hypothesized that implicit attitudes would be reflected by response latencies for the product decisions such that brands should be responded to faster in blocks that paired the product category of the brand with positive words, whereas response latencies for no-name-products were expected to be faster in blocks that paired the product categories with negative words.

In an unpublished companion study, using fMRI, we found a behavioural effect of product status (brand vs. no-name) on the response latency such that congruent pairings (brand and positive words; no-name products and negative words) led to faster reaction times compared to incongruent pairings. Moreover, comparison of fMRI activations in incongruent and congruent trials revealed significant differences in several brain areas suggesting that brands are implicitly associated with positive attitudes.



Thus, we hypothesized that a similar behavioural pattern should also emerge in the present study. Moreover, similar to our GNAT study assessing implicit attitudes towards fruits and insects [26] and old and young people [27], we expected a latency difference of the N200 component as a function of congruency (longer latency for incongruent trials) which would enable us to locate the effect of brands in time. Likewise, with regard to the lateralized readiness potential, we hypothesized that for congruent blocks the onset of the LRP should be earlier than in incongruent blocks [45]. While in light of our previous work we formulated our hypotheses with regard to the N200 and LRP components, we were also interested in any differences between ERPs recorded in incongruent and congruent conditions, as these could be taken as an indicator of the presence of implicit associations.

Finally, in view of numerous fMRI studies addressing the basic neurophysiological effects of brands [12,14,15,47], we examined general ERP differences between brand and no-name products.

Results

Behavioral results

Responses to brand products (congruent = 670 ms, SD = 196; incongruent = 668 ms, SD = 189) were faster than those to no-name products (congruent = 694 ms, SD = 202; incongruent = 694 ms, SD = 204; $F(1,15) = 24.56$, $p < .001$). The main effects of Congruency ($F(1,15) = 0.07$) and Response hand ($F(1,15) = 1.47$) and the interaction effects (Product x Congruency, $F(1,15) = 0.01$; Product x Hand, $F(1,15) = 0.93$; Congruency x Hand, $F(1,15) = 1.87$; Product x Congruency x Hand, $F(1,15) = 1.24$) did not reach significance. Response latencies to negative (758 ms, SD = 190) and positive words (773 ms, SD = 197) were statistically indistinguishable ($T(15) = 0.86$, n.s.).

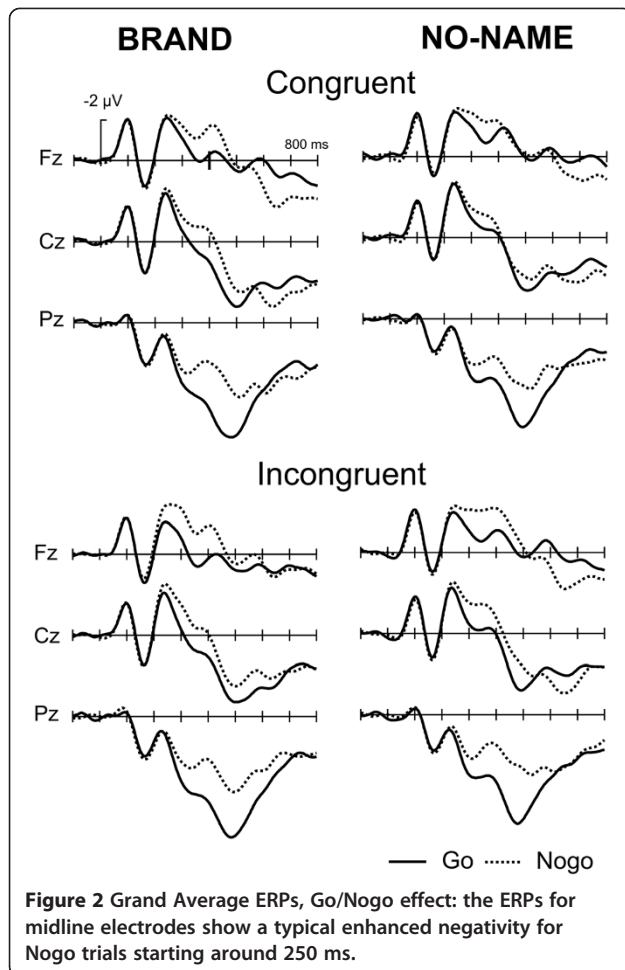
With regard to errors, only a low error rate was observed for the picture trials (0.94% in Go trials and 5% in Nogo trials). For the Go trials, statistical analysis revealed neither a main effect of Product ($F(1,15) = 2.1$, $p = .17$), a main effect of Congruency ($F(1,15) = .03$, $p = .86$) nor a significant Product x Congruency interaction ($F(1,15) = .12$, $p = .73$). A similar pattern was observed for Nogo-trials (Product, $F(1,15) = .12$, $p = .73$; Congruency, $F(1,15) = 1.07$, $p = .32$; Product x Congruency, $F(1,15) = 1.3$, $p = .27$). Word trials were similarly associated with a low error rate (3.06% in Go trials, 5.0% in Nogo trials).

Electrophysiology

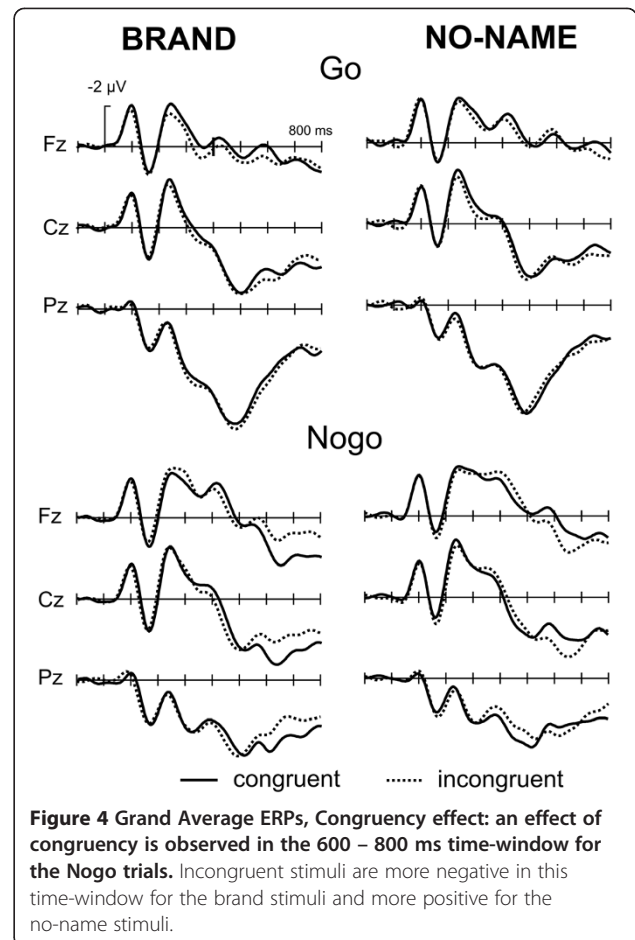
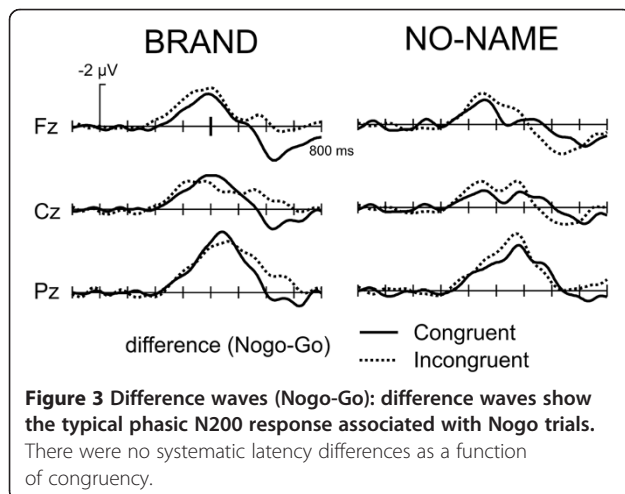
Stimulus-locked ERPs

Figure 2 illustrates the basic Go/Nogo effect for brand and no-name stimuli. A typical N200 is present for brand and no-name stimuli for congruent and incongruent conditions. To isolate the N200, Nogo minus Go difference waves were computed (Figure 3). No systematic differences in latency of the N200 were seen as a function of congruency. Mean ERP amplitudes (200–400 ms, including central electrodes Fz, Cz, Pz) were subjected to a repeated measurement ANOVA revealing a highly significant main effect of Go/Nogo ($F(1,15) = 33.32$, $p < .001$) but neither a main effect of Product ($F(1,15) = 2.96$) nor of Congruency ($F(1,15) = 0.75$). Also, interactions between the factor Go/Nogo and the other factors did not reach significance. The onset latency of the N200 was estimated by determining the point in time at which the negative area under the curve in the time window 200–400 ms reached 25% of its maximum. There was neither a main effect of Congruency ($F(1,15) = 0.98$) nor a Congruency by Product interaction ($F(1,15) = 1.24$).

Figure 4 illustrates the effect of congruency on the ERP. While there was no influence of congruency in the time-window of the N200 (see above), a later effect between



600–800 ms emerged in particular for the Nogo condition in that the congruent brand stimuli were associated with a less positive waveform. This effect was not seen for no-name products. This effect was quantified by a mean amplitude measure 600–750 ms. While the main effect

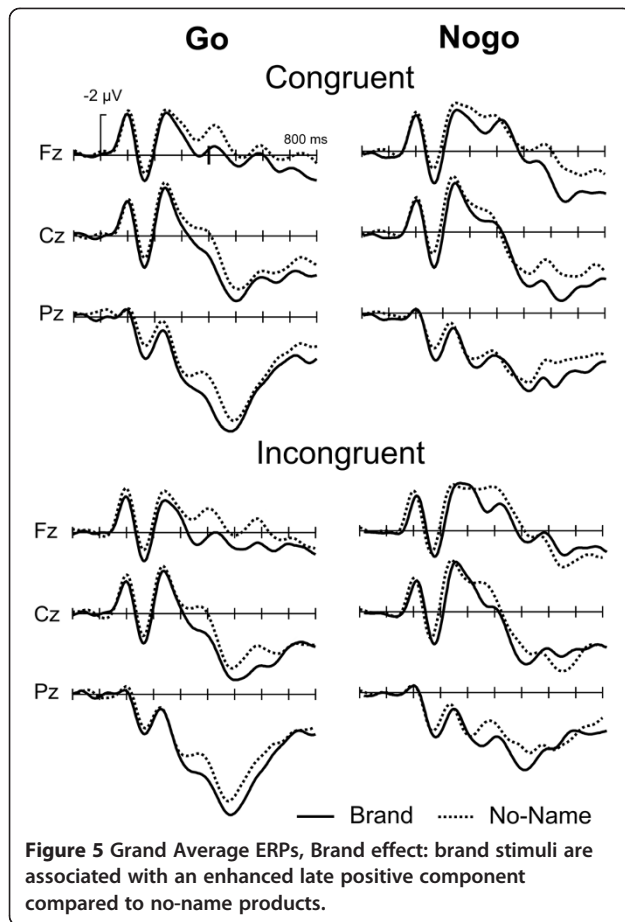


of Congruency was not significant ($F(1,15) = 0.87$), we observed a triple interaction between Product \times Go/Nogo \times Congruency ($F(1,15) = 4.97$, $p < 0.05$) reflecting the fact that congruency had a differential influence in brand and no-name products and influenced only Nogo ERPs.

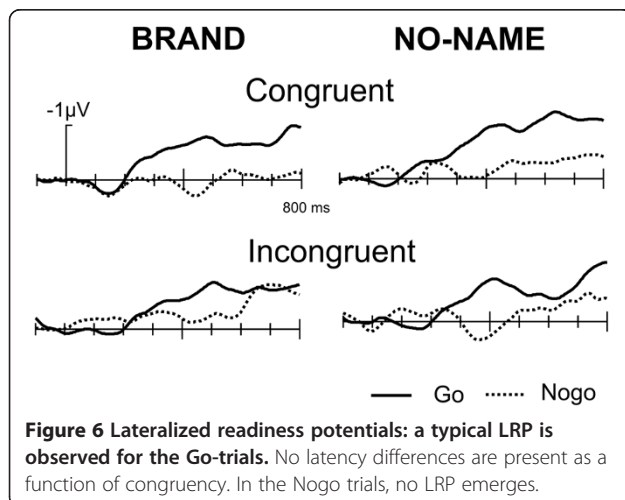
Figure 5 demonstrates the effects of brand status. Brand stimuli were associated with a more positive waveform compared to no-name products starting about 350 ms post stimulus onset and extending until about 700 ms. This effect was quantified by a mean amplitude measure in the 400 to 600 ms time window (P3/4, Pz, C3/4, Cz). The ANOVA revealed a main effect of Product ($F(1,15) = 4.87$, $p < 0.05$) and a main effect of Go/Nogo ($F(1,15) = 15.1$, $p < 0.01$) but neither an effect of Congruency ($F(1,15) = 0.02$) nor any interactions with that factor.

LRP

The grand average LRPs for brand and no-name products for congruent and incongruent conditions are shown in Figure 6. There were no apparent onset differences as a function of congruency for the Go-trials. The LRP was quantified by a mean amplitude measure in consecutive



time-windows of 50 ms (starting at 100 ms post-stimulus). This analysis showed significant main effects for Go/Nogo between 300 and 500 ms. Moreover, a main effect was observed for the factor Product ($F(1,15) = 5.95, p < .01$) in the time-window 150 – 200 ms and a significant interaction of Product x Go/Nogo ($F(1,15) = 4.57, p < .01$) was seen in



the window 350 ms to 400 ms. Other main effects or interactions failed to reach significance.

ERPs to words

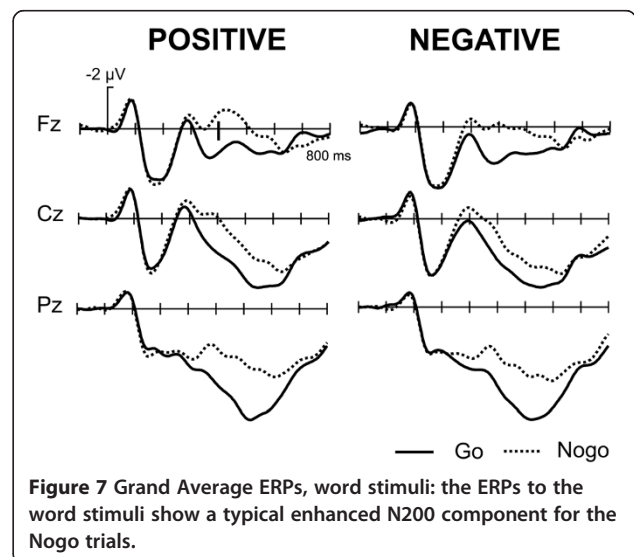
ERPs to words show a highly prominent effect of Go/Nogo ($F(1,15) = 19.45, p < .001$, time window 400 – 600 ms; Figure 7).

Discussion

The present investigation was conducted to delineate the presence and time-course of implicit attitudes to brands and no-name products using the Go Nogo Association Task. We failed to observe a reaction time pattern indicative of implicit associations, which was puzzling as an unpublished fMRI experiment by our group using the same materials had revealed a robust RT effect. Also, we did not observe a latency difference of the N200 and LRP components as a function of congruency. Such latency differences had emerged in previous studies of our group investigating implicit attitudes towards “fruits and bugs” [26] and elderly and young faces [27]. However, we did observe later ERP differences as a function of congruency which occurred considerably later in time than the N200 component. Moreover, we also found a general difference between ERPs to brand and no-name products with the former having a more positive waveform starting around 300 ms.

Implicit associations to brands?

As stated above, we failed to demonstrate the expected effects of congruency on response latencies to the brand and no-name product stimuli. It has to be pointed out, however, that the current experiment diverges from the standard procedure of the GNAT in several important ways: First, rather than presenting simple categories of



items (e.g., fruits and insects) and pairing them with words of a specific valence, we used conjoint categories (brand cosmetics, no-name cosmetics, brand foods, no-name foods). Nosek and Banaji [18] have pointed out that conjoint categories might be special. For example, the evaluation of subgroups of larger social groups (e.g., race/ethnicity) may be different from that of the entire larger group. Thus, white Americans may be evaluated in a particular manner that is dissimilar to evaluations of Italian Americans and Polish Americans. In addition, in our experiment participants had to make judgements about class membership (cosmetics, food items) but we were interested in within class differences in implicit associations (e.g., brand cosmetics, no-name cosmetics).

In spite of these differences to standard GNAT designs, an fMRI experiment using the same stimulus materials (albeit with a different timing because of the requirements of the MRI-method) revealed a reaction time increase for incongruous relative to congruous stimuli of 50 ms. This was true for both, brands (ΔRT 25 ms) and no-name products (ΔRT 74 ms). Please note, that as in the current task the following pairings were considered congruous: brands + positive words, no-name products + negative words. At this point we can therefore only speculate as to why there was no effect of congruity in the present set of data? One possible explanation concerns the participants: Whereas the participants of the MRI study were 29 years old (mean), mostly working in academic professions and from Hannover, West Germany, the participants of the current EEG study were considerably younger (22 years), students and from Magdeburg, East Germany. It is conceivable that the difference in environment, age and financial resources might have influenced implicit attitudes towards brand and no-name food and cosmetic products.

In light of the missing difference for the response latencies for congruent and incongruent stimuli, it is no surprise that no latency differences were observed for the N200 component of the ERP or the LRP. There have been, however, congruity-related modulations of the ERP in a later time-window (600–800 ms) in particular for the Nogo condition. Interestingly, whereas for brand stimuli the incongruous condition led to a more negative waveform in this time-range, the opposite effect was observed for the no-name stimuli. A previous study, using a structurally similar Go/Nogo paradigm in the assessment of bilingual language processing also described such late effects of incongruity in Nogo trials (see Figure 3 in [46]). In this study incongruity effects for the go-responses were seen in the latency range of the N200 component and consequently was interpreted as reflecting partial inhibition of the go response. By contrast, an increased negativity due to incongruity with an onset latency of about 600 ms was seen for the nogo responses. This was seen as a reflection of inhibition as the particular stimulus

contained information favoring a go-response. For the brand stimuli of the current study, a similar logic can be applied: Consider nogo brand stimuli in incongruent blocks: In these blocks positive words have to be responded to whereas (positively valued) brands are associated with a nogo response. The positive connotation should lead to a tendency to press the button which needs to be suppressed, manifesting itself in the late ERP effect.

Differences between brands and no-name products

Interestingly, we observed general differences between brands and no-name products. First, responses to brand products were about 25 ms faster. Secondly, the ERPs to brand products were associated with a more positive waveform. In the ERP literature, a number of late positivities have been described, such as the P3/P300 [48,49] and the late positive component [50].

Whereas the P3 in visual tasks is usually rather peaked in appearance and occurs with latencies between 300 and 500 ms, the late positive components have a more extended waveshape and have been described in a number of situations, including retrieval of items from memory [51-53] but particularly in response to emotional stimuli. A long-lasting elevated ERP positivity to emotional, arousing pictures is a common finding [54-62]. It has been reported that pleasant as well as unpleasant stimuli elicit more positive-going ERPs in the 300–900 ms range and that such stimuli are recalled more often than neutral stimuli [61]. From its latency and distributional characteristics the current enhanced positivity for brand products could be related to these earlier findings, suggesting that brand products are more arousing which in turn might lead to a better retrieval and ultimately might consumers' decisions.

LPC enhancement has also been reported for familiar compared to unfamiliar stimuli [63]. As the relative familiarity of brand products and no name products differed, an alternative explanation of the greater LPC could be that this simply reflects different degrees of familiarity rather than differential emotional engagement. At this point, we are unable to distinguish between these two possibilities.

Conclusion

We did not observe a response latency difference or N200 latency difference between congruent and incongruent pairings of brand/no-name products and positive/negative words. Further research is needed to assess whether this was due to our specific adaptation of the GNAT-paradigm. The addition of ERPs to the GNAT has proven useful in the current experiment, as we could reveal late effects of congruency as well as a more general effect of brands vs. no-name products indicative of a deeper processing of brands. The IAT (e.g., [10,21,23,64] and priming paradigms [3] may present an additional fruitful avenue to explore the neural effects of implicit attitudes towards brands.

Methods

All procedures and materials were approved by the institutional review board of the University of Magdeburg, Germany, the affiliation of the senior author at the time of the experiment.

Participants

Sixteen young students of the University of Magdeburg (13 women, mean age 22.4 +/- 3.4) gave written consent to participate for financial compensation or course credit. All had normal or corrected-to-normal vision, were right-handed, neurologically healthy and native German speakers. Eight further participants were lost due to technical difficulties or excessive artefacts.

Stimuli and procedure

An illustration of the basic classes of stimuli and the timing of the experiment is given in Figure 1. The critical stimuli were color photographs of brands ($n = 24$) and no-name products ($n = 24$). We made sure that we had pairs of stimuli (e.g., one famous type of coffee and one no-name coffee) and that the photographs of these pairs were matched as closely as possible for the angle from which the photo was taken, size of the product on the photo and background (all black). Also, the graphical complexity of the label was similar. Thus, no-name products with plain labels ("body lotion", "yoghurt") without graphical elaboration were avoided. Half of the pictures in each category (brands/no-name products) depicted cosmetics, the other half depicted food items, thus yielding 4 stimulus categories (cosmetic brand, food brand, cosmetic no-name, food no-name). Pictures were taken for the study and were presented in the center against a black background. The stimuli were assessed for familiarity in a further group of young healthy adults ($n = 15$, 8 women, age 21–35, mean age 28.1 years) on a 5 point Likert scale ranging from 1 (not at all familiar) to 5 (very familiar). The brand-name products had a high degree of familiarity (mean 4.3, SD 0.9), whereas the familiarity of the no-name products was lower (mean 2.7, SD 1.6; $p < 0.01$).

In addition, 48 word stimuli (half with a negative valence, e.g. bomb; half with a positive valence, e.g. sunshine) were taken from Banfield et al. [26] and were matched for length and frequency using the CELEX data base [65]. Stimuli were presented on a video-monitor using the software Presentation (Neurobehavioral Systems, Inc).

The experiment was subdivided into 8 runs of 5 minutes duration comprising the presentation of 96 trials each. One trial consisted of the presentation of the stimulus (duration of 500 ms) followed by a fixation cross (duration between 2000 and 3000 ms, rectangular distribution). In each run all 24 pictures of food, 24 pictures of cosmetic

products, 24 positive words and 24 negative words (as "arrogant") were presented in pseudo-randomized order with the condition that each stimulus category was not to be repeated more than twice in a row. Each of the eight runs featured a different instruction for the participant:

1. Press the button with the left hand for food products and positive words and withhold a response to cosmetics and negative words.
2. Press the button with the left hand for food products and negative words and withhold a response to cosmetics and positive words.
3. Press the button with the left hand for cosmetic products and positive words and withhold a response to food and negative words.
4. Press the button with the left hand for cosmetic products and negative words and withhold a response to food and positive words.
- 5.-8. As in 1 to 4 but with right hand button presses.

Please note that the participants were not aware that the main purpose of the study was to distinguish behavioural responses and brain activity to brands and no-name products. Responses were given using a modified computer mouse held either in the left or right hand. Statistical analysis of response latencies was carried out by analysis of variance (ANOVA) with product (brand, no name), congruency (congruent, incongruent) and response hand (left, right) as within subject factors.

The order of the runs/instructions was counterbalanced across participants. The whole experiment lasted approximately 43 minutes (excluding electrode application, instructions for the different runs, and debriefing). Participants were tested in a dimly lit room while sitting in a comfortable chair. The distance to the display was 80 cm.

ERP recording and data analyses

The ERPs were recorded from the scalp using tin electrodes mounted in an elastic cap and located at 29 standard positions (Fpz, Fz, Cz, Pz, Fp1/2, F3/4, C3/4, P3/4, O1/2, F7/8, T3/4, T5/6, Fc1/2, Cp1/2, Fc5/6, Cp5/6). A reference electrode was placed on the left mastoid process. Vertical eye movements were monitored with an electrode at the infraorbital ridge of the right eye against Fpz (vertical EOG) and with a bipolar montage between two electrodes placed on the lateral canthi of the left and right eye (horizontal EOG). Electrode impedances were kept below 10 kOhm.

The electrophysiological signals were filtered with a bandpass of 0.01-70 Hz (half-amplitude cutoffs) and digitized at a rate of 250 Hz. Trials on which base-to-peak electro-oculogram (EOG) amplitude exceeded 200 μ V, amplifier saturation occurred, or the baseline shift exceeded 250 μ V/s were automatically rejected off-line. Datasets

with more than 30% of the trials rejected were excluded from further analysis. For the remaining participants mean rejection rate was 16.2%.

Artifact free and correct trials were averaged separately for each stimulus type and condition over epochs of 1024 ms starting 100 ms prior to the stimulus. ERPs from the different conditions were later combined to yield 4 basic conditions. For all statistical effects involving two or more degrees of freedom in the numerator, the Greenhouse-Geisser epsilon was used to correct possible violations of the sphericity assumption. Exact p-value after correction will be reported. Tests involving electrode x condition interactions (e.g., factors as hemisphere or anterior-posterior electrode location) were carried out on data corrected using the vector normalization procedure described by McCarthy and Wood [66].

LRPs were assessed by using C3 and C4 electrode locations, where the amplitude of the readiness potential is maximum [28]. The LRP is computed by a double subtraction as shown in the following equation:

$$\text{LRP} = \text{left hand (C4 - C3)} - \text{right hand (C4 - C3)}$$

Left and right hands refer to the expected correct hand and (C4 - C3) is the difference in electrical potential between these electrodes [29-31].

Mean amplitudes and peak latencies were computed for different time-windows, which were subjected to analyses of variance (ANOVA) with the factors Product (brand and no-name), Congruency (congruent and incongruent), Go/Nogo (Go and Nogo) and Electrode site.

Competing interests

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interests.

Authors' contributions

AT Performed the experiments and analyses, wrote first draft of the manuscript. AH co-designed the experiments, helped in the acquisition of the data and the statistical analysis. GB contributed to the design and revised the manuscript critically for important intellectual content. TFM conceived and designed the experiment and wrote the final version of the manuscript. All authors read and approved the final manuscript.

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